

Meals on Wheels outing

GUNNEDAH Meals on Wheels has provided a valuable service in the community delivering meals to the frail aged and housebound since 1965.

The committee has recently established a "buddy" program where clients are paired with a volunteer to provide extra contact with the community.

MOW committee chairperson Colleen Fuller said several people have taken up the buddy program which looks as though it will work very well.

"Last week we had a number of clients who wanted to go out to lunch as it gives them an outing and a change twice a year," Mrs Fuller said.

"Two of our clients who are good friends don't see one another so what they want is to be dropped off so they can chat on a monthly basis, with some goodies for a cuppa - this is a way of keeping their friendship alive without having to do it by phone.

"Another wants to visit the cemetery and we will then take her for coffee or tea, with another wanting to go to Tamworth to visit a brother who is in a home there.

"Another gentleman wants to visit a mate in the nursing home and go fishing - we have 10 buddy volunteers so far, mainly all women and Andrew Cherry."

On May 20, Meals on Wheels will celebrate its volunteers and show appreciation to them for all the work they do for the organisation and its recipients.

• Anyone who would like to volunteer for the Meals on Wheels Service is invited to call at the office in Little Conadilly Street at the rear of the Convent of Mercy or phone Colleen Fuller on 0429 420 290.



PICTURED at the Meals on Wheels luncheon at Gunnedah Services and Bowling Club for volunteers and clients are Debbie Watson, Colleen Fuller and MOW Business Manager Andrew Cherry. Seated: Margaret Cull, Marie Vickers and MOW Vice-President Kay Benham.



MEALS on Wheels committee member, Debbie Watson, standing, left, and Chairperson, Colleen Fuller, pictured with MOW recipients Betty Brady, left, Bay Jones, Leila James and Edith Geddes, dining out at Gunnedah Services and Bowling Club last week.